

Hands-on-Health Australia FACT SHEET

Hands-on-Health Australia (HoHA) is a registered NFP that delivers the highest quality inter-disciplinary health care to the wider Australian community and communities abroad, aiming to build healthy and resilient communities through Training, Education, Research and Treatment.

HISTORY

HoHA was founded in 1988 when Chiropractor, Dein Vindigni, returned to Melbourne from a humanitarian trip to India. Recognising the need for compassionate, accessible complementary and allied health care options within Australia he opened the first volunteer-led, free Chiropractic and complementary health care clinic at the Sacred Heart Mission in St Kilda.

VISION

To promote health and wellbeing through a spirit of welcome and mutual respect by

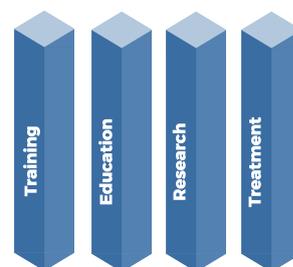
- Providing inter-disciplinary, integrative health care.
- Enabling volunteers to create a caring community.
- Enabling our organisations to embrace all people.

ACHIEVEMENTS

- 50,000 people reached per year
- 50,000 treatments per year
- \$1.5M in Government funding saved annually
- 8 Community Clinics: Fitzroy Stars Indigenous clinic (first of its kind), Dromana, Rosebud, Collingwood, St Kilda, Eaglehawk, Norlane, Echuca, Toronto
- 4 International Programmes
- 500 Volunteers nationally and abroad
- 22 disciplines and services provided

APPROACH

With sustainability and longevity at the heart of all programmes, HoHA is based four pillars.



HoHA believes that providing pain relief and health care solutions on a grass-roots level enables individuals to become productive members of society and therefore supports communities to become healthy and resilient.

Partnering with professional institutions, HoHA clinics are free to low-cost and staffed by volunteer practitioners. These clinics provide research platforms for students and practitioners whilst international training projects aim to provide services through the engagement of local resources.

LOOKING FORWARD

HoHA strives to provide quality health care that is inclusive and patient-centred. By replicating community clinics and initiating innovative social enterprise clinics across Australia, HoHA will continue to provide much needed services that fall outside mainstream government provisions.

Finally, HoHA aims to work with stakeholders to ensure that the evolution of health service provision is based on an integrative model.





HoHA Activities

TRAINING
Putting community health care in community hands

EDUCATION
Providing meaningful student experiences and placements

RESEARCH
Paving the way for an integrated health care model

TREATMENT
Community clinics provide accessible services for marginalised communities

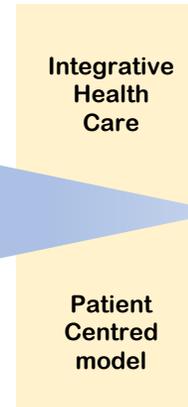
Immediate Outcomes

EMPOWERMENT
Individuals and communities are active participants in their own health care

QUALITY CARE
Better practitioners and patient centred care

KNOWLEDGE
Informed knowledge of health trends and treatment effectiveness

PATIENT CARE
Patient centred treatment to improve individual's health and wellbeing



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